



# Sunbeam School



Annapurna, Bhagwanpur, Indira Nagar, Lahartara, Sarnath, Suncity, Varuna-Varanasi

Class – IV (Session 2020-21)

## AWARENESS ASSIGNMENT on CORONA VIRUS

Name : .....Sec .....

**Please take a printout of the assignment**

**Dear Students**

- As we all know that the entire world is suffering from a very deadly pandemic called “Corona virus”.

In this assignment, we are going to make you aware about what is Corona virus and the different words associated with it.

How to keep ourselves and our society aware by taking different preventive measures by doing few exercises.

Let us know

Let us educate

Let us fight for our **Betterment**.



### What is Coronavirus?

Coronaviruses are a large family of viruses that cause illness ranging from the common cold to more severe diseases like pneumonia, MERS and SARS

**SEVERE SYMPTOMS**

- High Fever (100.4°F or higher)
- Pneumonia
- Kidney failure
- Death

**TRANSMISSION**

Coughs or sneezes from infected person or touching contaminated objects

**COMMON SYMPTOMS**

- Fever
- After 2 to 7 days develop a dry cough
- Mild breathing difficulties at the outset
- Gastrointestinal issues
- Diarrhea
- General body aches

### Facts related to “Corona virus”

- **Corona means:** A part of the body resembling like a crown.
- The genesis of this deadly disease is ‘Wuhan’ a city of China where the virus emerged and began rapidly infecting humans.
- It started spreading rapidly in other countries too.
- It is spread from person to person through sneezing or coughing (droplet infection), human contact and contact with contaminated surfaces.
- Corona virus causes a disease called **COVID-19**.
- According to research, a virus similar to Corona virus is also found in bats.
- Common cold, cough, fever and breathing difficulties are the symptoms of Corona virus.
- These symptoms can be seen in an infected person within **2-14 days**.

**Scratch your brain by matching the following terms related to Corona virus :**

a) Pandemic	It is a temporary prevalence of a disease spreading from person to person in a locality where that disease is not permanently prevalent.
b) Epidemic	It is a disease prevalent throughout an entire country, continent or the whole world. It is an epidemic that has spread over a large area.
c) Isolation	It is a strict isolation imposed to prevent the spread of disease. I public help, people are placed in quarantine when they are not currently sick, but have been or may have been exposed to a communicable disease. This helps stop the spread of the disease.
d) Quarantine	It is a complete separation from others of a person suffering from contagious or infectious disease.

**Increase your knowledge by answering the following questions :**

Q.1 Why and how Corona virus is pandemic ?

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Q.2 Name the country and the city which are the genesis of this deadly disease.

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Q.3 What is the particular name given to the disease caused by Corona virus ?

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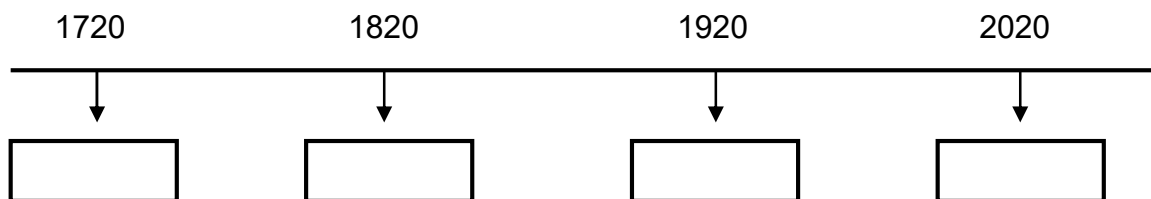
Q.4 Name the two Asian countries and two European countries which are highly affected by the deadly disease.

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Do you know that in every 100 years occurred a pandemic where a disease spread across a large geographical area? Like it happened in -

1520 - Small Pox	1620 – Black Death
1720 – Plague	1820 – Cholera Outburst
1920 – Spanish Influenza	2020 – Corona virus

Reading the above facts and complete the timeline.



**From your pen .....**

Which preventive measures will you take to keep yourself and your surroundings to an extent free from this disease ?

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**Join the Clean Hands Club... and sing along**

When you spend your happy days  
Do things like work or play  
Is there something you should do  
Before you are on the way?  
Freeze! Stop and think !

There are germs that you can't see  
Wash wash wash your hand  
Let the bubbles do there dance  
Scrub scrub scrub – a – dub  
Now you're in the clean hands club!



★ **Just remember while washing your hand, not to waste water and create another crisis.**

Do's	Don'ts
<ol style="list-style-type: none"><li>1. Cover your nose and mouth with disposable tissue or handkerchief flexed arm position and avoid crowded places.</li><li>2. Frequently wash your hands with soap and water.</li><li>3. Person suffering from Influenza like illness must be confined (quarantine) at home and consult doctor.</li><li>4. Stay more than one meter's length distance from person sick with flu and wear mask (Sanitize after every use).</li><li>5. Drink plenty of warm water and eat nutritious food.</li></ol>	<ol style="list-style-type: none"><li>1. Touching eyes, nose or mouth with unwashed hands while coughing or sneezing.</li><li>2. Hugging or shaking hands.</li><li>3. Taking medicines without consulting doctors.</li><li>4. Disposal of used napkin or tissue papers in open areas.</li><li>5. Touching surfaces usually used by public (like railing, knob of doors, handles of gates or transport seats)</li></ol>

**Complete this assignment and hand it over to the class teacher of your new class on the first day of school.**